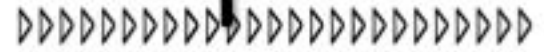




Mrs. J's Mindful Matters

April



Social Awareness

Our April CASEL Competency is Social Awareness. Social awareness is our student's ability to understand the perspectives of and empathize with others,

While empathy skills comprise the bulk of this CASEL Competency, we will dive deeper into our conversations in classrooms to explore the way in which situational demands challenge our ability to show empathy. Students will have an opportunity to practice communication strategies that promote empathy during challenging interactions.

To foster this skill, it is important to have conversations with our students that allow them to role play these communication skills during times of emotional regulation. In this way, our children are more likely to be able to recall the skill during times of conflict and/or stress.

For any other questions or concerns please contact me at:

talva@kyrene.org

480-541-3623

[Referral](#)

Resources

Kyrene offers community presentations to address a broad range of parenting issues. Register for this month's Positive Parenting Series:

- [April 6th: Protecting our Teens During a Mental Health Crisis](#)
- [April 20th: Getting Teenagers Connected](#)

Resources

Did you know the maximum number of absences any Arizona student can have is 18 per Arizona state law? If your student has more than 18 absences, please reach out to meet with our team so we can assist you in removing barriers and improving your student's attendance!

