



October



Mrs. J's Mindful Matters

Responsible Decision Making

Happy Fall! I hope everyone had a restful Fall Break and you are eagerly looking forward to our 2nd quarter. There are so many exciting activities planned for Manitas Innovation Academy students.

The CASEL Competency for October is: [Responsible Decision Making](#). CASEL defines this as our ability “to make caring and constructive choices about personal behavior and social interactions across diverse situations.”

We will explore this topic by diving into activities to help us identify solutions for personal and social problems. Topics will emphasize conflict resolutions skills. I am looking forward to continuing to build our student's efficacy around problem solving.

If your student is experiencing social problems with a peer, please encourage them to visit with me!

For any other questions or concerns please contact me at:

talva@kyrene.org

480-541-3623

[Referral](#)

Resources

Child development in the elementary years often leaves parents filled with wonder at the pace their child is growing.

Supporting your child's continued development through adolescence can leave you feeling, at times, bewildered. This month's article provides a lens to view emerging changes in personality or behavior in your tweenager.

[“Why Are Teenage Girls So Mean?”](#)

Additional Resources

Chandler Flex is the city's on-demand, public transportation service. That means you'll be able to request a shared ride when you need it, using a mobile app or by calling in.

[Chandler Flex](#)

