

Safe Online Chat room

For a safe online chat room Q Chat Space provides online discussion groups for LGBTQ+ teens ages 13 to 19. It is not a forum. It is live and chat based; there is no video or audio. Everyone is chatting during the same pre-scheduled time.

Conversations are facilitated by experienced staff who work at LGBTQ+ centers around the country. Q Chat Space facilitators are NOT mental health professionals. If you are in crisis or need help immediately, please use the resources available here. <https://www.qchatspace.org/>

Upcoming Groups <https://www.qchatspace.org/Upcoming-Groups>

One N Ten TGNC (trans and gender non binary) support group

Programming includes activities such as: interactive games, art projects, field trips, leadership skills, safe social and life skills, and tools to set up their future such as applying for college or jobs.

AZTYPO has a parent group that runs concurrent to our TGNC group at our central location every second and fourth Sunday of the month from 2 pm – 4 pm.

Central Phoenix:

Every 2nd & 4th Sunday of the month

2pm -4pm

Youth Center

1101 N CENTRAL AVE #104

PHOENIX, AZ 85004

602-326-7552

Mesa:

Every last Monday

7 pm – 8:30 pm

Unity of Mesa

2700 E Southern Ave.

Mesa, AZ 85204

602-326-7552

Mentorship program through Big Brothers and Big Sisters

For more than 60 years, Big Brothers Big Sisters of Central Arizona has operated under the belief that inherent in every child is the ability to succeed and thrive in life. Big Brothers Big Sisters makes meaningful, professionally supported matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 17, in Maricopa County and Pinal County. We develop positive relationships that have a direct and lasting effect on the lives of young people. Please consider being a volunteer mentor or making a gift to help children in our community who need and deserve mentors build self-confidence and realize their potential.

For more information email Eva Siler at esiler@bbbsaz.org



Meet with your mentor twice a month to hang out, play games and talk about important life issues. This is a LGBTQ+ mentorship program where Littles get paired with a mentor who identifies as LGBTQ+.



one•n•ten Youth Center
1101 N. Central Ave.

Phoenix, AZ 85004
The group meets twice a month,
2nd and 4th Saturday
11:00 am - 1:00 pm

As an organization dedicated to inclusiveness, Big Brothers Big Sisters of Central Arizona values and celebrates diversity and individuality of every child, volunteer, employee, board member, family and community partner.

If you're interested in enrolling your child,
please email esiler@bbbsaz.org

 Big Brothers
Big Sisters.
OF CENTRAL ARIZONA

4745 N. 7th St. Suite 210 Phoenix, AZ 85014
BBBSAZ.ORG 602-264-9254

@bbbsaz   