

Human Growth and Development and HIV/AIDS Education Scope and Sequence

All Human Growth and Development offerings in Kyrene have been vetted through a steering committee, approved by the Governing Board, are offered in only in grades 5 through 8, and require parent permission for participation. Comprehensive Human Growth and Development teaches about abstinence as the best method for avoiding Sexually Transmitted Infections and unintended pregnancy but also teaches about condoms and contraception to reduce the risk of unintended pregnancy and of infection with Sexually Transmitted Infections, including HIV. It also teaches interpersonal and communication skills and helps young people explore their own values, goals, and options.

3^{rd}	Gra	de:
----------	-----	-----

DISCONTINUED

4th Grade:

DISCONTINUED

5th Grade (4 lessons)

- Growth and Development: How People Grow and Change (both genders growth and development and pregnancy and baby development)
- Sexual Abuse
- HIV/AIDS Education
- Decision-Making and Refusal Skills

6th Grade (4 lessons)

- Lesson 1 and 2 Puberty both genders growth and development
- Sexually Transmitted Infections, HIV/AIDS, and Healthy Relationships and Abuse
- Refusal Skills

7th Grade (5 lessons)

- 4-day Worth the Wait Sex Education Program (Scott & White)
 - Essential Human Needs and Healthy Relationships with Family and Peers
 - o Puberty, Abstinence, Pregnancy, and STDs
 - o Benefits of Waiting, Sexual Abuse and Legal Issues
 - o Refusal Skills
- Sexually Transmitted Infections/Condoms

8th Grade (4 lessons)

- 4-day Choosing the Best Life Program (Scott & White)
 - Essential Needs, Communication Skills, Relationships
 - o Puberty, Anatomy, and Physiology
 - Sex, STDs and Honesty
 - Pregnancy
 - Legal Issues/Sexual Abuse
 - Health Risk Behaviors Avoidance/Reduction