

Tips for Manual Removal of Head Lice

1. Get supplies together. Work in a well-lighted area.
2. Use a regular comb or hairbrush to remove tangles.
3. Divide the hair in sections and secure the hair that is not being worked on.
4. Use a lice comb to remove lice and nits, starting at the top of the head and working down.
5. Comb through each hair section from the scalp to the end of the hair. Nits are usually found close to the scalp.
6. Dip the comb in a cup of hot or soapy water to remove any lice, nits, or debris from the comb.
7. Comb through the same section of hair again and continue to look for attached nits and live lice.
8. Move on to the next section until entire scalp and all hair has been combed.
9. Check hair DAILY for ten days and regularly thereafter.

