



Insert Date

Dear Parent/Guardian:

After seventh grade students participate in the four lessons in the “Worth the Wait” abstinence-based program, there is one additional lesson offered to seventh grade students on Sexually Transmitted Infections (STIs). The lesson was developed in cooperation with the Maricopa County Health Outreach Program with input from the Kyrene Health Steering Committee composed of teachers, administrators, parents, and health care professionals; including registered nurses, a pediatrician, and a pediatric disease specialist. The lesson stresses abstinence for teens but also includes information related to the reduction of the risk of pregnancy and STIs with the use of condoms. No condoms will be distributed to students, and there will be no demonstration of condom use. Information related to the importance of being tested for an STI if a person is sexually active is included in the presentation.

Parent permission is required for each student to participate in the STI lesson. The lesson is taught to boys and girls in separate groups. Instructors use a detailed scripted lesson that reflects the resources adopted by the Kyrene School District Governing Board in April 2010. Detailed objectives for the lesson are attached.

The STIs PowerPoint Presentation will be given **(day and date)**.

The following preview opportunity has been planned for parents/guardians who would like to review the lessons and videos before signing the attached permission slip: **(NOTE: these dates must be at least two weeks prior to any instruction)**

Daytime Parent Preview

Date:

Time:

Location:

Parent Information Night

Date:

Time:

Location:

Please return the signed permission slip to your child’s classroom teacher by **(day and date)**.

Sincerely,
Seventh Grade Team

LEARNING. LEADING. ACHIEVING.

Kyrene School District
Seventh Grade
HIV, AIDS, and STIs Overview

The instructors will be following detailed scripted lesson plans. Questions which arise during instruction are answered within the context of the lesson. Questions about controversial or sensitive issues which are not a part of the lesson are not discussed in class. Students are encouraged to seek additional information from parents/guardians and other reliable adults.

- Recognize that the only 100% sure way to avoid pregnancy is abstinence from sexual intercourse and/or genital contact.
- Recognize that the only 100% sure way to avoid acquiring or transmitting HIV, AIDS, & STIs sexually is abstinence from intercourse and/or genital contact.
- Recognize physical and emotional consequences associated with early sexual intercourse.
- Recognize the benefits of abstinence from sexual intercourse.
- Define STIs (sexually Transmitted infections).
- Identify the most common STIs besides HIV (e.g., Gonorrhea, Chlamydia, Syphilis, HPV, HSV, Trichomoniasis).
- Understand and explain the short term and long-term implications of common STIs.
- Define abstinence as refraining from sexual intercourse.
- Define sexual intercourse as vaginal, oral or anal.
- Recognize that sexual intercourse and/or genital contact can be a health risk behavior.
- Recognize several ways that HIV and AIDS is most commonly transmitted (e.g., when HIV infected blood gets into the body of a healthy person, sexual contact with a person infected with HIV and AIDS, sharing a needle containing HIV infected blood, from an infected mother to her unborn child during pregnancy, birth, or breastfeeding).
- Distinguish the difference between facts and myths about HIV and AIDS.
- Recognize that treatment options are available to extend the lives of people with HIV and AIDS.
- Understand that an individual infected with the HIV virus may appear healthy but can still transmit the virus.
- Identify precautions that should be taken to avoid the transmission of HIV: i.e., never touch another person's blood, medical syringes or needles.
- Recognize the physical health risk related to various forms of invasive body art including piercings and tattoos.
- Recognize that the only 100% sure way to avoid HIV, AIDS, STIs and pregnancy is abstinence from sexual intercourse.
- Recognize and understand the effectiveness of barrier methods (e.g., male condom) in the prevention of pregnancy.
- Recognize the effectiveness of barrier methods (e.g., male condom) in the prevention of STIs.
- Recognize that the use of a male latex condom can reduce the risk of STI transmission and recognize that condom use cannot guarantee absolute protection against any STI.

**Kyrene School District
Seventh Grade
HIV, AIDS, and STIs Overview**

Please return to your teacher before **(insert date)**

ALL STUDENTS are required to turn in a Permission Slip.

Please check the option of your choice:

_____ My child **may** participate in the STI presentation (use of condoms mentioned).

_____ My child **may not** participate in the STI presentation (use of condoms mentioned). An alternative lesson from the Kyrene Health Curriculum will be provided for your child.

Student: _____

Teacher: _____

Signature of Parent/Guardian: _____

Date: _____