



Kyrene School District Mental Health Resource Directory

Student Learning and Support Services

The following is a list of resources that are available in the valley community. These resources have been useful in helping meet a variety of needs of valley residents. The purpose of this directory is to help provide access to these resources. Kyrene does not endorse these organizations and you may want to contact them directly for information.

Abuse/Assault/Domestic Violence

Arizona Child Protective Services

(888) SOS-CHILD (888-767-2445)

Website: <https://dcs.az.gov/services/suspect-abuse-report-it-now>

Crisis Nursery Shelter (for children 8 years and younger)

Child Abuse Hotline: 1-888-767-2445 TDD (602) 530-1831

Secondary Phone: (1-888-SOS-CHILD) TDD 1-800 530-1831

National Domestic Violence Hotline

24 hour / 7 days a week 1-800-799-7233

Website: <http://www.thehotline.org/>

Rainn Sexual Assault Hotline

Rape, Abuse, & Incest National Network 24 hours / 7 days a week

1-800-656-HOPE (4673)

Website: www.rainn.org/

Services Provided: Free and Confidential

Assistance/Shelter Services

Crisis Nursery Shelter (for children 8 years and younger)

Phone: 1-888-767-2445 TDD (602) 530-1831

Secondary Phone: (1-888-SOS-CHILD) TDD 1-800 530-1831

Services Provided: Community Beds Program - for parents and caregivers experiencing an emergency. It provides a safe place for children to stay and is open to anyone in need of help caring for their children, based on availability

Community Network for Accessing Shelter

24 hours / 7 days a week (602) 263-8900

1-800-799-7739

Services Provided: Shelter and housing services, domestic violence, emergency housing, transitional housing, rental assistance, utility assistance, food banks/pantries, legal representation, clothing and furniture assistance.

Food Bank

(602) 528-3434

1-800-445-1914

Website: www.azfoodbanks.org

Phoenix Rescue Mission

(602) 233-3000

Website: phoenixrescuemission.org

Services Provided: The Phoenix Rescue Mission is a place of hope, healing, and new beginnings for men, women, and children in our community struggling with homelessness, addiction, and trauma.

UMOM New Day Centers; serving Homeless Families & Individuals

(602) 275-4533

Website: www.umom.org

Services Provided: Provides safe shelter, housing, and supportive services to help families meet basic needs, including parent support, housing, wellness center, domestic violence support, and child development.

Police/Hospital (dial 9-1-1 for immediate attention)

Chandler Police Department

In Case of Emergency dial 9-1-1

Non-Emergency/File a Police Report/General Information (480) 782-4130

Services Provided: Online services, Business services, Utilities, Public Safety/ Courts, General services.

Phoenix Police Department

In Case of Emergency dial 9-1-1

Non-Emergency (602) 262-6151

Information (602) 262-7626 option 3

Services Provided: Information on public safety, transportation, culture & recreation, city government, employment, environment & sustainability.

Tempe Police Department

In Case of Emergency dial 9-1-1

Non-Emergency/File a Police Report/General Information (480) 350-8311

Services Provided: Online services, Business services, Utilities, Public Safety/ Courts, General services.

Banner Desert Medical Center

1400 S. Dobson Road

Mesa, AZ 85202

(480) 412-3000

Website: <https://www.bannerhealth.com/>

Cardon Children's Medical Center

1400 S. Dobson Road

Mesa, AZ 85202

(480) 412-KIDS (5437)

Website: www.bannerhealth.com

Phoenix Children's Hospital

Main (602) 933-1000

Emergency Department (602) 546-1900

Inpatient Admissions (602) 933-1114

Website: www.phoenixchildrens.org

St. Luke's Behavioral Health Center

1800 E. Van Buren St.

Phoenix, AZ 85006

Main: 602-251-8535 or 800-821-419

Website: www.stlukesbehavioralhealth.com

Suicide Prevention/Counseling

Central Arizona Crisis Response Network – Suicide Hotline

24-hour / 7-days week Main (602)222-9444

Toll free (800) 631-1314

Website: <http://www.crisisnetwork.org/>

Services Provided: Suicide hotline & Mobile crisis intervention services. Peer counselor training, community education, caregiver intervention skills training

EMPACT – Suicide Prevention Center

Suicide Prevention Lifeline 24-hour / 7-days week

Main 480-784-1500

Toll free (800) 273-8255 - National

Peer Counseling Suicide Hotline

Teen Lifeline (teen-to-teen support) 3:00 – 9:00pm / 7 days a week

(602) 248-TEEN (8336)

Off hours call will roll to Maricopa Crisis Line (below)

Website: www.TeenLifeline.org

Website: <http://suicidehotlines.com/arizona>

Suicide Hotline

For Parents of Struggling & Troubled

Teens 24 Hours a day / 7 days a week

Website: <http://suicidehotlines.com/arizona>

Suicide Prevention Hotline

24 hours / 7 days a week

1-800-442-HOPE (4673)

1-800-784-2432 (Spanish)

Website: www.hopeline.com

USA National Suicide Hotlines

Toll-Free / 24 hours / 7 days a week 1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

TTY: 1-800-799-4TTY (4889)

Website: <http://suicidehotlines.com/arizona>

Youthline

1-877-968-8454

Website: www.hopeline.com

Services Provided: Teen to teen peer counseling suicide prevention hotline

[ASU Clinical Psychology Center](#)

(480) 965-7296

Email: clinic@asu.edu

Website: www.asu.edu/clas/psych/clinic

Services Provided: Psychotherapy for Anxiety & Depression, Stress, Anger, Relational Problems, ADHD, Child and Family problems, adjustment to health problems. Group therapy programs such as Weight management, Social Skills, Sleep Improvement, Depression prevention for girls. Evaluations – Learning disorders, ADHD, Giftedness, Anxiety, Psychological

Languages Spoken: English, Spanish upon request

Population: Children, adolescents, and adults.

Payment Accepted: Private pay, sliding scale, set fees for assessments

[Community Bridges, Inc \(CBI\)](#)

1-877-931-9142 - 24 hours / 7 days a week

Services Provided: CBI provides comprehensive, medically integrated behavioral health program, including prevention, education and treatment services throughout Arizona.

[Doorways, LLC](#)

1825 E. Northern, Ste 200, Phoenix, AZ 85020

602-997-2880

Email: info@doorwaysarizona.com

Website: <http://www.doorwaysarizona.com>

Services Provided: Doorways is an outpatient mental health treatment center in Phoenix, Arizona, that specializes in helping teens and young adults with issues such as eating disorders, substance abuse, trauma, depression, bipolar disorder, mood disorders, ADHD and ADD, self-harm, suicide prevention, and more.

Population: Adolescents, Teens, Young adults, and their families

Payment Accepted: Private pay, Private Individual or Group Insurance, Employee Assistance Program (EAP), grant program

[Jewish Family & Children's Services](#)

Licensed Behavioral Health agency

(602) 279-7655

Email: info@jfcsaz.org

Website: www.jfcsaz.org

Services Provided: Outpatient counseling and support services to children, adults and families.

Specialty: Brief solution focused therapy for adults and children, Adolescent Treatment Community Treatment Approach for substance abusing teens, working with children with trauma and abuse issues, Transition to Independence for Youth.

Languages Spoken: English, Spanish

Population: All ages, young children to adults.

Payment Accepted: Private pay, AHCCCS, Private Individual or Group Insurance, Employee Assistance Program (EAP), Sliding scale, Scholarship.

[Mental Health Association of Arizona](#)

480-994-4407

<http://www.mhaarizona.org/>

Care, treatment, and recovery for people with mental illness. Services include no-charge support groups, education, crisis line, and information and referral.

For Information and Referral you can click on <http://phxhope.org/information-referral/> for the Visions of Hope Arizona website.

For the Peer Support Groups you can click on <http://phxhope.org/support-groups/> for the Visions of Hope Arizona website.

[New Song Center for Grieving Children](#)

(480) 951-8985

Website: <http://www.hov.org/new-song-center-grieving-children>

Services Provided: A safe, nurturing environment where children, teens and young adults and their caregivers can address issues of grief and loss in a straightforward way. Puppetry, art, dance music, journaling and recreation are used in conjunction with guided sharing to help people cope with their personal issues of loss at their own pace. Trained volunteers facilitate support groups and assist participating family members through their grief journey under the direction of professional staff. Also offers workshops, in-services and talks to school, work and community groups.

[Remuda Ranch](#)

(800) 445-1900

Website: <http://www.remudaranch.com/>

Services Provided: Anorexia Treatment, Bulimia Treatment, Obsessive Compulsive Disorder (OCD) Program, Binge Eating Disorder Program, Remuda Life Residential Program.

[Southwest Human Development](#)

(877) 705-KIDS (5437)

(602) 266-5976

Website: <http://www.swhd.org/>

Services Provided: Education & literacy – Head Start & Early Head Start programs to help children enter school ready to learn; Children’s Developmental Center – Developmental Assessments, Feeding Program, Autism Services, Therapy Services, Psychology & Counseling, Assistive Technology; Health & Development – Good Fit Counseling Center, Birth to Five Helpline, Fussy Baby, Healthy Families, Newborn Intensive Care Program, Nurse-Family Partnership, Assistive Technology, Permanency & Well-Being; Continuing Education: Childcare – improve the quality of child care in our state in all of the major settings: public, private and faith-based child care centers & preschools, and in home-based child care settings. Early Care & Education Training, Emergent Leaders Program, Quality First, Mental Health Consultation, Inclusion Program.

Population: Ages 0-5 years old.

[ASU College of Nursing and Innovation Nurse Managed Health Clinics](#)

Downtown Phoenix: (602) 496-0721

NP Healthcare Grace: (602) 523-9275

1124 N. 3rd Street, Phoenix, AZ 85004

Website: <http://nursingandhealth.asu.edu/nmhc>

Services Provided: The health clinics have an interdisciplinary staff that provides both physical and mental health services. These services include checkups for routine health care and evaluation of minor illnesses and health problems. Health screening based on your personal lifestyle and family health history. Personal advice and educational programs to help you become and stay healthy.

Insurance Accepted: Yes

Language Spoken: English, Spanish

[Childhelp Children's Center of Arizona](#)

(602) 271-4500

2346 N. Central Avenue, Phoenix, AZ 85004

Website: <http://www.childhelp.org/programs/entry/children-center-of-arizona>

Services Provided: Instill a sense of serenity in abused and neglected children by providing medical treatment, mental health therapy, efficient investigational resources, and victim support services to address the immediate safety and complete well-being of children who are referred to the center.

The center also provides support services to families with multiple needs, encourage family members to work towards self-sufficiency, provide assistance for families in crisis, summer enrichment programs, social & educational experiences for youth and adults to improve academics & foster positive self-esteem, before & after school programs, and a mobile advocacy center.

[National Alliance for the Mentally Ill \(NAMI-Az\)](#)

(602) 374-7439

Email: namiaz@namiaz.org

Website: www.namiaz.org

Services Provided: Offer hope, reform and health to the American community through support, education, and advocacy efforts. Provides information on various mental illnesses. Offers Treatment & Services for Adults: Cognitive Behavioral Therapy (CBT), Dual Diagnosis & Integrated Treatment of Mental Illness & Addictions, Family Psychoeducation & Support, Peer Services & Supports, Housing, Jail Diversion, and Employment. Offers Services for Children & Adolescents: Evidence-Based Practices, Information about Cognitive & Behavioral Therapy, Home & Community Based Mental Health Services, Wrap Around Services for Children & Adolescents with Mental Health Treatment Needs, Bringing Effective Interventions to Children & their Families, Children & Psychotropic Medications, Crisis Intervention Programs for Youth, Residential Treatment Programs for Their Children. Treatment & Services for Veterans, Active Duty Military & Their Families: Understanding Posttraumatic Stress Disorder & Recovery, NAMI's Veterans Resource Center, Children of Military Service Members Resource Guide. Medications: Information on Medications, Prescription Drug Assistance Program, Psychosocial Interventions. Health & Wellness Information Regarding: Smoking Cessation, Alcohol & Drug Addiction & Data on Morbidity & Mortality in People with Serious Mental Illness, Tips on Healthy Eating, Metabolic Syndrome & Type 2 Diabetes, Diets for People with Type 2 Diabetes, Mental Illness & Heart Disease.

The following organizations are professional state associations representing various practitioners specializing in behavioral health. These associations provide a search feature on their websites to find practitioners that may meet your individual needs.

[Arizona Association for Marriage and Family Therapy](#)

Search for a Marriage and Family Therapist

Website: <http://www.azamft.com>

[Arizona Board of Medical Examiners](#)

The AZ Board of Medical Examiners Website will allow you to search for a physician by specialty (e.g., psychiatry).

(480) 551-2700

Website: <http://www.azmd.gov/GLSPages/DoctorSearch.aspx>

[Arizona Branch of the Association of Play Therapy](#)

Search for a Play Therapist

Website: <http://www.azapt.org/directory.php>

(602) 289-5761

[Arizona Counselors Association](#)

Search for a Counselor

Website: <http://azca.org/find-a-counselor/>

[Arizona Nurse Practitioner Council](#)

Nurse Practitioners have a master's degree in nursing and are able to prescribe medication and manage minor psychiatric disorders.

Search for a Nurse Practitioner

Website: <http://www.arizonanp.com/search.aspx>

Email: info@arizonanp.com

[Arizona Psychological Association](#)

Search for a Psychologist by specialty

(877) 675-9477

Website: <http://www.azpa.org>