

Welcome to Physical Education 2022-2023

Welcome to Aprende Physical Education. The purpose and function of physical education is to provide all students with the knowledge, skills and desire to live a healthy and physically active life.

As a PE team we are very excited to work together on our physical fitness and health while sampling a variety of sports, recreation and leisure activities. We would like to share with you some information to help start off our physical education experience positively.

To enhance movement, participation and hygiene students are required to purchase an Aprende PE uniform through Kyrene School District's online payment portal [InTouch Payment Portal](#).

It would be greatly appreciated if your child has a copy of the uniform receipt to give to their teacher. Uniforms will be distributed during the second week of school in PE once students have access to their PE locker.

General Information regarding physical education such as meet the teacher, expectations, locker room guidelines, excused or sick policy, and grading can be found on your teachers' classroom web page: [Susan Kastelic](#)

If you have any questions or concerns, please let us know – email is the best way to reach us as we are rarely near the phone! skastelic@kyrene.org and mstark@kyrene.org.

We look forward to a healthy and active year!!

Sincerely,
Aprende Physical Education Team
Susan Kastelic and Michael Stark

"Make the most of yourself for that is all there is of you." Ralph Waldo Emerson