

6th, 7th and 8th Grade Wrestling 2009-2010

The purpose of our district's athletic program is to provide an educational sound program that emphasizes participation, cooperation, good sportsmanship and teamwork as well as healthy competition for the middle school student. Our goal is to provide the student athlete with the opportunity to acquire basic skills, confidence, and knowledge of the game along with a sense of loyalty, team play and sportsmanship. We are looking forward to a great season and a lot of fun!

Coaches Information:

My name is Jeff Baluch, and I will be accepting the role as head coach for the 2009-2010 Akimel A-al Rattlers wrestling team. I have coached SEV football and Matt Williams baseball throughout the years and I am the track coach for Akimel. This will be a bit of a learning year for me regarding wrestling but we should be rounding out the team with an experienced coach before the year begins.

Try-outs and Practice dates and times:

There are no try-outs for wrestling; everyone makes the team! The first practice will be held on November 2nd, 2009. Our regular practice schedule will be Monday through Friday's from 6:15am – 7:45am at Akimel A-al's gym.

**** Mandatory Parent meeting date and time:**

November 16, 2009 at 5:00pm in the library.

Participation Requirements:

Students are expected to attend all practices. The only criteria for making the team are that each student/athlete show up for practice on time and give 100% effort while they are at practice. Students also need to maintain good academics and be a good citizen at all times during school.

Equipment necessary for try-outs and team participation:

Each wrestler should have a pair of wrestling shoes and workout clothes to participate on the team. You can find inexpensive wrestling shoes on-line or locally for around ~\$40. All other equipment (i.e. uniforms) will be provided by Akimel A-al.

Requirements to Participate:

The following are required prior to the first day of practice:

- 1) **Current Physical** – prior to participation, the student must be examined by a licensed physician and certified to be physically fit for sports every year.
- 2) **Athletic Participation Card** – this card contains the following information that must be completed:
 - a. *Health history* – to be completed by the parent each year a student participates and updated if a student’s health status changes.
 - b. *Statement of Insurance* – signed by the parent stating that the student has health insurance coverage.
 - c. *Emergency information* – provides contact information and consent for emergency medical treatment.
 - d. *Signature* – confirms parent’s permission to participate.
- 3) **Preseason eligibility sheet** – signed by each of the students teachers

Participation Fee:

The District has established an athletic participation fee to help offset the cost of our after-school athletic program. The fee for all cut sports is \$120, for non-cut sports the fee is \$100, and the fee for the Cheer team is \$75. These fees can be designated as a tax credit donation. All fees are due on the first day of practice for cut sports and on the 4th day of practice for non-cut sports.

There are no refunds. Once a fee is paid, a refund cannot be given, even if the athlete gets hurt, the athlete quits or is suspended from the team, or the athlete becomes ineligible due to grades or behavior. As stated in the Kyrene Handbook, the coach will determine playing time based on attendance and participation at practice, effort, ability, attitude and sportsmanship. Every effort shall be made to maximize each participant’s playing time.

Financial assistance is available. Scholarship applications are available in the school office or at the District Office and should be submitted before tryouts begin. Athletes may not begin practice until the scholarships is approved.

Academic Standards:

All players must maintain grades of a C or better and have satisfactory behavior in every class. Grades and behavior will be checked weekly. Failing grades or poor behavior are grounds for suspension and possible dismissal from the team, per state law.

If you have any questions about the upcoming season, please feel free to call Akimel A-al at (480) 783-1600 or leave me a message (480) 783-1642 or jbaluch@kyrene.org We are looking forward to an excellent season!