

KYRENE ATHLETIC PROGRAM GUIDELINES 2009-2010

ARTICLE I: PURPOSE

The purpose of the Kyrene Athletic Program (KAP) is to provide an educationally sound program that emphasizes participation, cooperation, good sportsmanship and teamwork as well as healthy competition for middle school boys and girls.

The objectives of this program are to develop and maintain on the part of the participant:

1. physical skills necessary in the sport or activity
2. an awareness of progressive skill requirements needed to continue in the growth of a specific sport or activity.
3. a sense of loyalty, team play, cooperation, and sportsmanship, which will have "carry over" value in later life
4. respect for the efforts, abilities, and rights of others
5. the awareness of leadership responsibilities in school, community, and life contacts as well as on the athletic field
6. active participation by all members of a team.
7. understanding and experiencing the benefit of healthy competition

ARTICLE II: COORDINATING COMMITTEE

SECTION I: Membership-Voting

The Coordinating Committee shall consist of the member school and district administrators or their appointed representatives. A consensus approval of the total Coordinating Committee membership is needed to amend the program guidelines.

SECTION II: Responsibilities

The responsibilities of the Coordinating Committee shall be:

- a. Determining general standards and policies for the athletic program
- b. Establishing eligibility requirements for membership in the athletic program
- c. Attend and participate in all KAP monthly meetings.
- d. Volunteer to host at least one tournament per year.
- e. Attend, supervise (and/or provide supervision) for all tournament games in which their school is participating.
- f. Supervise (and/or provide supervisions) for all home games.
- g. Attend all pre-season coaches meetings throughout the year.

Determination

Tournament Hosts

*A two year rotation system will be used for hosting the “cut-sport” tournaments.
(KAP 6/1/04)*

Determination

Coaches’ Meetings

The AD hosting the individual sport break out sessions will email a brief outline of the content of that meeting to the other ADs. (A note taker will be assigned) This would allow each athletic director to be aware of any changes or concerns in each sport, not just the session they attended. (TKAC 9/16/02)

ARTICLE III: MEMBER SCHOOLS

SECTION I: Present Membership

The Kyrene Athletic Program shall consist of the following schools: Akimel A-al Middle School, Altadena Middle School, Aprende Middle School, Centennial Middle School, Kyrene Middle School, and Pueblo Middle School.

SECTION II: Admission of New Members

New middle schools added to Kyrene School District will automatically become members. No schools will be added to the program outside of the Kyrene School District.

ARTICLE IV: MEETINGS

SECTION I: Time/Place

The Coordinating Committee shall meet monthly, August through June. The dates, times, and locations of the meetings shall be determined at the June meeting each year. Minutes of all meetings shall be taken by the designee and distributed to all Coordinating Committee members of each school.

SECTION II: Emergency Action and Exceptions to the Program Guidelines

Each Athletic Director must submit in writing any exceptions to the rules or by-laws of the Kyrene Athletic Program to the Coordinating Committee for approval by consensus. The District Athletic Director may take emergency action, provided there is verbal approval by a majority of the Coordinating Committee. Such action shall be discussed at the next regular meeting of the Kyrene Athletic Program.

SECTION III: Quorum

For purposes of transacting business at the regular meeting, a Quorum shall consist of one-half (1/2) of the total membership.

SECTION V: Order of Business

- A. The Coordinating Committee shall work collaboratively and a consensus decision-making model will be used to make decisions.

ARTICLE V: RESPONSIBILITIES OF SCHOOL PERSONNELSECTION I: Athletic Directors

The Athletic Director of each member school has the definite responsibility for the overall supervision and operation of the athletic program in his/her school. The Athletic Director will ensure that the program philosophy and policies are adhered to. The Athletic Director shall be responsible for the provision of the adequate supervision at all athletic events in which his/her school is the host school.

The Athletic Director of each member school is responsible to attend and assist in the supervision of any tournament games their school is involved in.

SECTION II: Coaches

All Coaches shall be directly responsible for the conduct of their athletic teams at all athletic events and practices and while traveling to and from such athletic activities.

All Coaches must attend the pre-season coaches meeting to review schedules, rules and policies of the Athletic Program.

Determination**Parent Coaches**

Using parents as coaches will be up to individual schools. The District will enforce policies that could include parameters such as fingerprinting, accessibility to locker rooms, etc. (TKAC 3/01/01)

Determination**Parent Volunteer Coaches**

Parent volunteer coaches may not assist in the try out procedure nor be allowed on the playing field/bench during the games. Parents assisting with baseball or softball teams must stay behind the fence or in the dugout during games. (KAP 3/05/04)

Determination**Parent Volunteers/Coaches**

Using parent volunteers as coaches will be up to the individual schools. The District will enforce policies that could include parameters such as fingerprinting, reference checks, accessibility to locker rooms, etc. (KAP 6/01/07)

Determination**Parents Coaches**

Parents as coaches should only occur if a qualified Kyrene employee or qualified outside candidate cannot be found. (KAP 5/30/08)

Determination**Parent Volunteer Coaches**

Parent volunteer coaches may not assist in try-outs or be on the bench or playing field during games. Only the paid Kyrene coach may be on the bench/field during Kyrene games. (KAP 5/30/08)

ARTICLE VI: ELIGIBILITY OF ATHLETESSECTION I: Attendance Requirements

All athletes must be registered students of the school, which they represent. Charter and private school students are not eligible to participate.

According to district policies and guidelines, Kyrene home-schooled students will be eligible to participate in the program. Home school students must participate within the boundaries of their home school.

Determination**Home-Schooled Athletes**

All home-schooled athletes must provide the school with:

- *A birth certificate*
- *Immunization records*
- *Proof of residency (must reside within the school's attendance boundaries)*
- *Registration forms (or sufficient contact/emergency information)*

(KAP 3/05/04)

Determination**K.A.S.P. Students**

Any student assigned to K.A.S.P (Kyrene Alternative to Suspension Program) is ineligible to participate in athletics for the remainder of the season. (KAP 7/28/04)

Determination**Transferring Students and Tournament Eligibility**

If a student transfers to another Kyrene school during a sports season, that student is only eligible to participate in the conference tournament if they have participated in a majority of the scheduled games at that school. (KAP 11/5/04)

SECTION II: Age Requirement

Any student who becomes fifteen (15) years of age on or before May 1st of the previous school year will be ineligible to compete. Likewise, any seventh (7th) grade student who becomes fourteen (14) years of age on or before May 1st of the previous school year cannot compete on the seventh (7th) grade level. This fourteen (14) year old seventh (7th) grade student is eligible to compete on the eighth (8th) grade level.

Determination**7th graders playing on 8th grade teams**

Students shall play on their grade level teams under normal circumstances. The only exception shall occur during regular season play when a particular team doesn't have enough eligible students to play a scheduled game. In this instance, the team will forfeit the game for record keeping purposes, but may "borrow" students from another grade level team to fill the roster. The students who move to fill the roster will be those who get less playing time on their own team; coaches may not move the best players. This is done in the spirit of letting the kids play, and having them continue to gain experience. (TKAC 9/7/01)

Determination

Student Eligibility

Student eligibility re: 2nd year at grade level: Students will play on the teams for the grade they are enrolled in. (TKAC 11/02/01)

Determination

6th graders playing on 7th grade teams

Six graders will be allowed to try-out for a 7th grade team if there are not enough athletes to fill the team. If there is only one position available, it is the discretion of the coach /Athletic Director whether or not to hold a try-out session. Grade level students who try-out in this circumstance will automatically, make the team. (KAP 6/01/07)

SECTION III: Exception to Age Requirement

Exceptions to age requirement must be submitted in writing to the Coordinating Committee and approved by a consensus of said committee.

SECTION IV: Eligibility Policy

Athletes are eligible to participate in only one sport per season.

It will be up to the participating school to ensure that their adopted eligibility requirements adhere to the state board's no-pass, no play rules.

Academic/Behavioral Eligibility will be adhered to according to the Kyrene School District Handbook.

Each Athletic Director will ensure that each athlete meets the adopted eligibility policy.

Determination

Late Roster Entries

A clarification was made that the day after the first game is the last day anyone can join a team. A new student to the school would be the exception. Any other situation would be presented to the TKAC and determined on a case- by- case basis. (TKAC 10/04/02)

SECTION V: Physicals

All student athletes are required to have a yearly medical release on file at their school.

SECTION VI: Player Ejections

KAP will follow AIA guidelines for ejected players. (Article 16.3 – AIA Constitution) It is the responsibility of each coach and athletic director to enforce the ejection guidelines at their school.

Ejection Guidelines

AIA rules regarding ejection of athletes during the regular season and tournaments were reviewed. Rules state that:

1st ejection: Athlete is benched for the remainder of that game and one additional game

2nd ejection: Athlete is benched for the remainder of the game and two additional games

3rd ejection: Athletes may not participate/play for the duration of the season and postseason.

ARTICLE VII: RELATED POLICIES

SECTION I: Scheduling

Scheduling will be done at the pre-season meetings. The program schedule and tournaments will take precedence over other contests or tournaments.

SECTION II: Emergency Procedures/First Aid

Each school shall have emergency procedures in place. All Coaches are required to have a first aid kit with them at all times which includes an emergency card on each athlete.

SECTION IV: Insurance

Insurance coverage for participating students is required.

SECTION V: Safety of Participants

Concerns may be voiced to the Athletic Director or game official on situations that are detrimental to the safety of participants but NOT on the judgment calls of officials or rule interpretation. If the situation is considered unsafe by the Athletic Director or game official, the game should not be played.

SECTION VI: Game times/Postponement/Cancellation

Athletic events are scheduled at a given time. Every effort should be made to notify your opponent if you will be late due to transportation issues or unforeseen events. Where either school finds it impossible to meet a scheduled event, it must notify the other school as soon as possible. Any postponement or cancellation of an event must

be by mutual consent of both schools. The host school may cancel an event if inclement weather and/or unsafe playing conditions are occurring at their site. A mutual decision will be made regarding the rescheduling of postponed or cancelled events.

SECTION VII: Playing Time

A student's effort, attendance, participation at practice, teamwork, attitude, behavior, ability, as well as the number of students on the team are some factors that are considered by the coach when determining playing time. Every effort shall be made to maximize each participant's playing time. Because middle school years are developmental years, both physically and athletically, our goal is to strive for consistency and fairness within each sport.

SECTION VIII: Practices

Mandatory practices shall not be held on Sunday or holidays. This includes the day after Thanksgiving and during winter and spring breaks.

SECTION IX: Participation Fees

Full payment of participation fee is due on or by the first scheduled practice for all cut-sports and on or by the second scheduled practice for all non-cut sports.

Financial Assistance Applications are available at your request. Only partial scholarships will be awarded, athletes who qualifying for this program will be funded for their full qualifying amount for one sport in a school year. Participation of a second or third sport in the same school year will be funded at the next lowest level of their original qualifying amount.

All applications must be completed and submitted along with all required documents before the first scheduled try-out date, there will be no exceptions.

ARTICLE VIII: OFFICIATING

SECTION I: Officials

The host school shall provide official(s) for each game. If the official(s) do not show up, the game will be cancelled due to safety reasons.

SECTION II: Payment of Officials

The official(s) shall be paid for their services by the host school. Tournament officials are paid by the Kyrene Athletic Program.

SECTION III: Conduct/Performance of Officials

An official shall be expected to perform in accordance with recognized standards and manuals developed for officiating. Included therein is knowledge and interpretation of the rules, mechanics, personal appearance, and physical conditioning.

An official must constantly uphold the honor and dignity of the avocation in all personal conduct and relations with the student-athletes, coaches, athletic directors, school administrators, colleagues, and to the public, to be a worthy example to the athlete under one's jurisdiction.

ARTICLE IX: GAME RULES

The rules for middle school sports shall be the same rules as those governing Arizona Interscholastic Athletics unless otherwise designated in the bylaws.

ARTICLE X: SEASON OF SPORTS

SECTION I: Fall Sports

Soccer	-	7th & 8th grades
Girls Volleyball	-	7th & 8th grades
Cross Country	-	6th, 7th, & 8th grades

SECTION II: Winter Sports

Boys Basketball	-	7th & 8th grades
Wrestling	-	6th, 7th, & 8th grades
Girls Softball	-	7th & 8th grades
Girls Soccer	-	7th & 8th grades
Cheer	-	7th & 8th grades (6 th optional)

SECTION III: Spring Sports

Boys Baseball	-	7th & 8th grades
Girls Basketball	-	7th & 8th grades
Track	-	6th, 7th, & 8th grades
Cheer (optional)	-	7th & 8th grades (6 th optional)

SECTION IV: Tournaments

All KAP schools are eligible for the KAP sponsored tournaments. Seeding for the end of the year tournaments will be done by the coordinating committee for track and field and wrestling. All other cut-sport tournaments, an attempt will be made by the Athletic Directors to separate the top two 8th grade teams into different brackets utilizing the following criteria:

- Participation of all athletes
- Season record
- Sportsmanship

Remaining teams will be seeded using a blind draw.

In order to participate in tournament play, a player within their grade level team must have participated within that sport in a majority of the scheduled games. Exceptions may be granted with a request to the Coordinating Committee approved by consensus prior to the tournament.

Teams will be recognized for outstanding sportsmanship. Recipients will be determined by a Sportsmanship Ballot to be completed by the coaches each season.

In the first round of the tournament, the school who hosts will be considered the home team. For baseball and softball tournament games, schools will flip a coin to determine the home team.

The following applies in all tournament games:

- Games will be played until full completion
- Ten run rules in baseball and softball will still apply.
- The drop-dead rule in softball will not apply.
- If play is suspended, the game will resume at a later date. All playing conditions will resume at the point at which the game was suspended (i.e. player positioning, score, ball position, etc.)

Teams may participate in one outside tournament during or after the post season conference tournament.

ARTICLE XI: GUIDELINES REVISIONS

All changes to the Athletic Program should be submitted to the Coordinating Committee for consideration. A consensus of the total Coordinating Committee membership is needed to amend the program guidelines.

BYLAWS: DESCRIPTION OF SPORTS

BYLAW 1: Soccer

- a. A schedule among teams will be established.
- b. Official Rules: The official rules for soccer shall be the current edition of the National Federation Rules for Soccer with the exceptions listed below.
 1. Goal size 23' 4" to 24' - modified football goal post installations are acceptable.
 2. A five (5) minute water break will occur during each 15 minutes of play. A ten (10) minute break will occur at half time.
 3. Play should be stopped by the referee when a player is injured or when either team is not in an offensive scoring situation.
 4. Only one official is required in regular season play. Two officials are required in Tournament play. If two officials do not show up to a game, by mutual consent of the coaches, athletic directors, and the Tournament director, an exception can be made.

5. When an athlete receives a RED card in a game; he/she will not be eligible for the next game (whether it is a regular season or tournament game).
6. During tournament play if there is a tie two (2) five (5) minute overtime periods will be played to determine a winner. If the game remains a tie, a shoot out will take place.
7. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team.
8. Jewelry may not be worn by student athletes.

Determination

Soccer Tournament Games

Each participating team will bring their own nets and corner flags.

*Team that sits on the top line of the tournament bracket sits on the Westside of the field.
(KAP 10/06/05)*

BYLAW 2: Cross Country

1. The rules for Cross Country shall be the current edition of the National Federation Rules for Cross Country.
2. The course will be 1.5 miles + or - .1 mile for both boys and girls.
3. Coaches shall not run along side their athletes during a meet.
4. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team.
5. The first five runners from each team will be scored. In case of a tie, the sixth runner will be the tiebreaker.
6. For the conference meet, each school shall enter a minimum of ten (10) runners but no more than fifteen (15) runners for both boys and girls events.
7. Jewelry may not be worn by student-`athletes.

BYLAW 3: Girls Volleyball

1. A schedule among teams will be established.
2. A leather volleyball is to be used along with a seven (7) foot four (4) inches and one fourth (1/4) net height, a ten (10) foot spike line and a serving line six (6) feet back and ten (10) feet across.
3. Only one official is required.
4. The rules for volleyball shall be the current edition of the National Federation rules.
5. If time permits, a third game may be played by mutual consent of the Coaches and supervising Athletic Director.
6. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team.
7. Jewelry may not be worn by student athletes.
8. Rally scoring of 25-25-15 will be used, let serves are allowed.
9. During regular season play, the host school is responsible for supplying line judges for the 7th and 8th grade games. During tournament play, each participating team must supply one (1) line judge for each contest.
10. A coach may utilize the option of a libero position. They must notify the

referee and the player must wear an identifying jersey.

Determination

Boys Volleyball

*After collecting data from the schools regarding Boys Volleyball teams, it was determined that there was not enough interest to add the sport to the conference. Per AIA and legal guidelines, boys will **not** be permitted to try out for girl's volleyball. (TKAC 6/11/01)*

BYLAW 4: Boys Basketball

1. A schedule among teams will be established.
2. A regulation men's size ball will be used.
3. There will be four (4) - six (6) minute quarters for the 7th grade teams and four (4) - seven (7) minute quarters for the 8th grade teams.
4. No restrictions on which numerals are legal.
5. The rules shall be the current edition of the National Federation rules.
6. Basketball games must have two (2) officials unless otherwise agreed upon by both coaches and supervising athletic directors.
7. 7th Grade only - full court press can only be used in the last 3 minutes of the 4th quarter and OT. This applies to regular season and tournament play.
8. 8th Grade only – full court press can only be used in the last 3 ½ minutes of the 4th quarter and OT. This applies to regular season and tournament play.
9. A third warning for backcourt pressure will result in a technical foul and possession of the ball.
10. Three point shots will be allowed and scored when the line is available.
11. During tournament play, only 3-point gyms will be used.
12. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team. If both teams have the same school colors, the home team will wear pinnies.
13. Jewelry may not be worn by student athletes.

Determination

Basketball: Back Court Pressure

There was discussion regarding the difficulty in "calling" backcourt pressure during basketball. TKAC members reviewed the Constitution, which notes that it can only be used during the last 3 minutes (5-3-01 minutes) in both regular and tournament play. It was also agreed that:

- *Officials would consider "natural athletic response" as compared to "in your face press"*
- *Players could not "hang around" waiting to turn the ball over, but should move down court as expected during play.*
- *City of Tempe, would provide extra training to officials with regard to the 5 second count, back court press, and fast breaks*
- *Coaches could expect to see City of Tempe issue 2 "warnings" before a technical foul is called. (KAP 11/3/00)*

BYLAW 5: Girls Basketball

1. A schedule among teams will be established.

2. A regulation women’s (28 1/2”) size ball will be used.
3. There will be four (4) - six (6) minute quarters for 7th grade teams and four (4) – seven (7) minute quarters for 8th grade teams.
4. No restrictions on which numerals are legal.
5. The rules shall be the current edition of the National Federation rules.
6. Basketball games must have two (2) officials unless otherwise agreed upon by both Coaches and supervising Athletic Directors.
7. 7th Grade only - full court press can only be used in the last 3 minutes of the 4th quarter and OT. This applies to regular season and tournament play.
8. 8th Grade only – Full court press can only be used in the last 3 ½ minutes of the 4th quarter and OT. This applies to regular season and tournament play.
9. A third warning for backcourt pressure will result in a technical foul and possession of the ball.
10. Three point shots will be allowed and scored when the line is available.
11. During tournament play, only 3-point gyms will be used.
12. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team. If both teams have the same school colors, the home team will wear pinnies.
13. Jewelry may not be worn by student athletes.

Determination

Basketball: Back Court Pressure

There was discussion regarding the difficulty in “calling” backcourt pressure during basketball. TKAC members reviewed the Constitution, which notes that it can only be used during the last 3 minutes (5-3-01 minutes) in both regular and tournament play. It was also agreed that:

- *Officials would consider “natural athletic response” as compared to “in your face press”*
- *Players could not “hang around” waiting to turn the ball over, but should move down court as expected during play.*
- *Richard King, City of Tempe, would provide extra training to officials with regard to the 5 second count, back court press, and fast breaks*
- *Coaches could expect to see City of Tempe issue 2 “warnings” before a technical foul is called. (TKAC 11/3/00)*

BYLAW 6: Wrestling

1. A schedule among teams will be established.
2. Each school will field one team based on weight classification only. All additional matches will be exhibition matches only and not count toward team score.
3. All three periods are to be one (1) minute in length.
4. Athletes may wrestle in a P. E. type uniform and any flat rubber-soled shoes.
5. Head gear is required
6. Seventeen (17)-weight classes.
7. Kyrene Athletic Program Weight Classes:

70#	100#	145#
75#	108#	155#
80#	115#	165#

85#	120#	180#
90#	127#	200# Heavyweight Maximum
95#	136#	225# Super heavyweight Optional

8. The Athletic Director/designee will verify and sign off on their school's "official weigh in" form. Each Coach will provide a copy of his or her "official weigh in" form at the meet. If a team shows up at a meet without their "official weigh in" form, the team will need to weigh in at the meet. Weigh-ins will be done at school on the day of the match.
9. An Athlete may only compete one weight class above, including exhibitions.
10. The rules shall be the current edition of the National Federation Rules.
11. One official is required.
12. The following weight allowances will be established:
 - a. two (2) pounds after holiday break
 - b. one (1) additional pound 1st day of tournament.
13. Super heavyweight (optional) - If both schools have wrestlers over 200 pounds, no more than a 25-pound differential will be allowed. (No forfeits)
14. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team.
15. There will be five exhibition matches allowed at each meet. The exhibition wrestlers must be from opposing schools.
16. Jewelry may not be worn by student athletes.
17. In order for an athlete to wrestle at the Conference Tournament, he/she must have at least four matches in the weight class they are being seeded into for that tournament. The only exception that will be made is a wrestler who is replacing an injured varsity member and the replacement has very limited or no varsity experience.

BYLAW 7: Boys Baseball

1. Play by National Federation Rules with exceptions listed below.
2. Metal spikes are allowed
3. Three baseballs will be provided by the home team.
4. Pitchers may pitch nine innings (Sunday to Saturday). This includes tournament play.
5. Seventh grade pitching distance shall be 54 feet with base path distance of 80 feet. Eighth grade pitching distance shall be 60 feet, 6 inches with a base path distance of 90 feet.
6. For 7th grade, distance from home to second shall be 113 feet, 1 1/2 inches.
7. Players that start a game can be substituted for one time and be permitted to return to the game (this includes the pitcher), must bat in original position.
8.
 - a. Coaches may use a free substitute runner for the catcher.
 - b. During the regular season, coaches may elect to bat one extra hitter (EH) in the lineup.
9. A team leading by ten (10) runs after four innings is declared the winner. This includes tournament play.
10. The number of coaches on base paths is limited to one Kyrene employed coach and one student athlete. Only student athletes who are members of that team may coach on the bases.

11. It is recommended that the home team should provide two qualified umpires. The plate umpire must umpire from the behind the plate and is not to call the game from behind the pitcher's mound. If two officials are not available, by mutual consent of the Coaches and Athletic Directors, an exception can be made.
12. Aluminum bats may be used. T-5 regulation shall be followed.
13. A team may use a designated hitter.
14. The game shall be six (6) innings. The umpire in charge shall use his own judgment about sufficient light for continuing a game. A complete game will be only if four complete innings are played if the home team is behind.
15. The coaches of each team shall make out two lineup cards for each game, one for the opposing coach and the other for the umpire. These lineup cards shall be exchanged before the beginning of the game.
16. No new inning will begin after two (2) hours from the beginning of the game.
17. During tournament play, a game may not end in a tie. Extra inning(s) shall be played until the tie is broken.
18. Two qualified officials will officiate all tournament games.
19. If a coach is ejected from a tournament game, the game will continue with a substitute coach.
20. The strict uniform rule does not need to be followed as long as team members can be identified as being a member of their team.
21. Jewelry may not be worn by student athletes.
22. At the end of regulation play and a tie occurs extra innings will be played using international rule (last out from previous inning, starts at second base).

Determination

Girls trying out for baseball

Kyrene District will allow girls to tryout for the boys' baseball team. (TKAC 2/9/01)

Determination

Flipping for Tournaments

Teams will flip a coin for home status (TKAC 5/03/01)

BYLAW 8: Girls Softball

1. A schedule among the teams will be established.
2. The game shall be six (6) innings both 7th & 8th grades. The umpire in charge shall use his own judgment about sufficient light for continuing a game.
3. A leather ball will be used for games, furnished by the home team.
4. A team may bat all of their eligible players and defensively substitute freely with the exception of the pitcher. (This should be communicated to the opposing coach.) The National Federation rules will apply to the substituting of the pitcher.
5. Use 60 feet bases and 40 feet pitchers rubber.
6. A team leading by ten (10) runs after four (4) innings is declared the winner. This includes tournament play.

7. No new inning will begin after one hour and forty-five minutes (1:45) of the start of the game. The uniform "drop dead" time for all softball games is 6:30 p.m. If a new inning begins before one (1) hour and forty-five (45) minutes after the start of the game, and is not completed by two (2) hours, the final score will be that of the previously completed inning. (the two (2) hour drop-dead rule does not apply in tournament games)
8. The number of coaches on base paths is limited to one Kyrene employed coach and one student athlete. Only student athletes who are members of that team may coach on the bases.
9. The rules shall be the current edition of the National Federation Rules.
10. Full face protection is required for all games.
11. The strict uniform rule does not have to be followed as long as team members can be identified as being a member of their team. If both teams have the same school colors, the home team will wear pinnies.
12. Jewelry may not be worn by student athletes.
13. At the end of regulation play and a tie occurs extra innings will be played using international rule (last out from previous inning, starts at second base).
14. During tournament games 6 innings will be played, the drop dead rule does not apply. International rules will be applied in case of a tie.

Determination

Flipping for Tournaments

Teams will flip a coin for home status (TKAC 5/03/01)

BYLAW 9: Track and Field

1. A season-ending meet will be established. The boys and girls meet will be held simultaneously.
2. Participants are limited to four (4) total events in each meet. This includes any combination of field and running events. No track participant may run in more than two (2) events of 400 meter or more.
3. Shoes must be worn. Spikes may not be longer than 1/8".
4. There is no height or weight classification, only age.
5. The rules shall be the current edition of the National Federation Rules.
6. The strict uniform rule does not have to be followed as long as team members can be identified as being a member of their team. If both teams have the same school colors, the home team will wear pinnies.
7. To be eligible to participate in the long jump event, an athlete must be able to jump at least ten (10) feet to reach the pit.
8. Jewelry may not be worn by student athletes.
9. Each field event will be limited to 25 boy and 25 girl participants per school.

Boys Field Events

Long Jump
High Jump starting at 4'4"
Shot Put 8 lbs.
Discus 1.0 kilo

Girls Field Events

Long Jump
High Jump starting at 4'0"
Shot Put 6 lbs
Discus 1.0 kilo

Boys Running Events

Girls Running Events

75-meter low hurdles	75-meter low hurdles
6 hurdles, 33 inches*	6 hurdles, 33 inches*
Start line to 1 st hurdle	Start line to 1 st hurdle
13 m (42 ft. 8 inches)	13 m (42 ft. 8 in)
8.5 m (27 feet, 10 ¾ inches)	8.5 m (27 feet, 10 ¾ inches)
between hurdles	between hurdles
100 meter dash	100 meter dash
1600 meter run	1600 meter run
4 X 100	4 X 100
400 meter dash	400 meter dash
800 meter run	800 meter run
200 meter dash	200 meter dash
1600-meter relay	1600-meter relay
100/100/200/400 sprint medley	100/100/200/400sprint medley

*For 6th grade meets, hurdles will be set at 30 inches. For 6th grade meets, the high jump for girls will start at 3'8" and the high jump for boys will start at 4'0"

10. The following events will be limited to 12 boys and 12 girls per team per event:

- 100-meter dash*
- 200-meter dash
- 400-meter dash
- 75-meter low hurdles

*Up to 2 additional heats (1 heat for boys and 1 heat for girls) of the 100 meter dash will be run. If the visiting schools do not have participants, the home school may fill the heats. It is recommended that coaches communicate prior to the meet, whether or not the additional heats will be ran.

11. A runner will be disqualified after his/her second false start.

12. In the conference meet each school may enter up to four athletes per event.

Determination

Number of meets in a season

We agreed each team will have four (4) home and four (4) away meets for a total of 8. Three (3) of the meets will be 6th grade only meets. (KAP 6/02/06)

KYRENE ATHLETIC PROGRAM DISTRICT MEET

1. All schools are limited to a maximum of four (4) entrants per lane event. Those are the 100, 200, 400-meter dashes and the 75-meter hurdles.
2. The 800 and 1600 meter and all field events are limited to a maximum of four (4) entrants per school.
3. Each team is allowed one team per relay.
4. Heats for the lane races will be seeded by times, according to the formula in the rulebook.
5. Names and times are to be given to the host of the Kyrene Athletic District Track Meet ten (10) days prior to the meet.

6. All Coaches must remain in the stands during the Kyrene District Athletic Meet or that school's athlete will be disqualified.
7. The high jump event will start as follows: 4'8" for boys, 4'4" for girls
8. Scoring for the relay race shall be 10-8-6-4-2-0.
9. Each athlete will have the opportunity for four throws/jumps in the field events. No finals will be held. Athletes may or may not throw all of their attempts one continues turn.

BYLAW 10: Cheer

1. Cheer will be held in the Winter with an optional Spring season
2. Coaching Stipends will begin at the same time as the other winter sports
3. Tryouts may be held in Fall, but not the previous Spring
4. Cut vs. No-Cut is a site decision
5. No Fundraisers are allowed
6. Participating grade levels is a site decision
7. Uniforms will be supplied by the school
8. Parents may purchase uniforms if they choose to do so, however no fundraising by student athletes is allowed to purchase uniforms
9. Cheer squads will travel to two (2) regular season games and at least one KAP tournament game.
10. Cheer coaches must attend the pre-season Coaches Meeting
11. There is not a minimum number of participants per squad, however Cheer coaches are encouraged to take at least 15-20 girls per squad to cover costs

End of Season Showcase

1. Each squad will participate in the District Cheer Showcase at the end of the winter season
2. Showcase will be a non-competitive event-no judging will take place
3. All schools will receive a plaque for participating in the showcase

Performance/Routine Guidelines

- Safety should be the primary focus when designing routines
- Students must perfect stunts in practice before performing them at games
- All stunts and tumbling must adhere to the following guidelines:

Tumbling

1. All Tumbling, both standing and running must have both hands and/or feet on the performance surface at all times. Therefore skills including, but not limited to the following are not permitted: aerials, back tucks, punch fronts, layouts, fulls, etc.
2. Squad tumbling in which more than one half the squad performs a tumbling skill at the same time is not permitted.

Stunts/Pyramids/Tosses

1. One-legged extended free standing and/or braced are prohibited.
2. Both feet of the flyer must be in the hand(s) of the base(s). Cupies are not permitted.
3. Free from contact twisting dismounts or free from contact twisting skills to/from a stunt of any type are not permitted (i.e. full down/full twist cradles, log rolls, etc)
4. Basket tosses or any type of toss are limited in difficulty to single toe touches only - twists are not permitted.

Coaches must follow ALL other rules and regulations brought about by the National Federation of State High School Associations. For a complete listing of all Federation Rules and Regulations, please phone the National Federation of State High School Associations at 800-776-3462

Determination

Dance Teams

It was unanimously agreed that Dance Teams be moved out of TKAC and will be handled as an extra curricular activity club. (TKAC 4/06/01)

ARTICLE XV: Appeals

An appeal process has been established for any individual or group who has an appeal of original jurisdiction and who is adversely impacted by a decision of the Kyrene Athletic Program. The appeal process will be followed through Step 4 or until the stakeholder is accommodated. The following steps must be followed to appeal a Kyrene Athletic Program decision.

Step 1- Conference with School Athletic Director

Step 2- Conference with District Athletic Director

Step 3- Letter of Appeal submitted to Kyrene Coordinating Committee for review

- The stakeholder who has been adversely impacted must submit a letter of appeal to the District Athletic Director within 10 (ten) working days
- The District AD will submit letter to the Kyrene Athletic Program Subcommittee for review.
- Kyrene Athletic Program Subcommittee shall consist of:
 - School Athletic Director
 - District Athletic Directors
- The letter of appeal must specify the following:
 - The decision being disputed and information regarding the issue
 - The adverse impact created by the decision
 - The desired outcome
- Kyrene Athletic Program Subcommittee will assure that the appeal qualifies for a hearing in front of the Kyrene Athletic Program board*. To qualify for a hearing, the Subcommittee must find that the above criteria have been met and that the issue cannot be resolved to the appellant's satisfaction.

Step 4- 10 (ten) minute presentation to the Coordinating Committee Program

- If granted a hearing, the appellant or group representative will have the opportunity to give a 10 (ten) minute oral presentation at the next regularly scheduled KAP meeting.
- The Committee may make a decision to grant or deny the appeal at the same meeting, or take the matter under advisement for a decision at the next regular meeting, or schedule a special meeting to deal with the issue. A majority vote of members present at the oral presentation is required in order to overturn a previous decision of the Committee. The District Athletic Director will inform the appellant of the Committee decision. The decision of the Committee is final.

*Note: Committee decisions may only be appealed once, unless new insight or circumstances arise. There are no further appeals beyond Step 4. The Subcommittee has the right to deny any appeal that has been previously addressed. Precedence from previous decisions will be reflected in the Committee's decisions.